 Psychology 30.8 Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  | **Fully meeting expectations, with enriched understanding (EU)** | **Fully meeting grade level expectations (FM)** | **Mostly meeting grade level expectations (MM)** | **Not yet meeting grade level expectations (NY)** |
| **P30.8 Examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.** | You can insightfully examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.  You might be:   * Investigating historical and contemporary perspectives (e.g., First Nations and Métis traditional worldviews, psychoanalytic, behavioural, sociocultural, psychosocial) on human development. * Exploring the benefits of holistic approaches (i.e., interconnected mind, body, spirit, emotion) to lifespan development. * Creating a representation (e.g., essay, letter, comic strip, magazine advertisement) that supports a positive quote about aging (e.g., “Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!”, Ingrid Bergman), based on two dimensions. | You can examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.  You show this by:   * Examining the impacts of change as one transitions through different experiences (e.g., moving away from home, entering the work force, becoming a parent, retiring) in a lifespan. * Examining biological, cognitive, emotional and spiritual changes, challenges and benefits during the aging process. * Assessing influences of childhood traumas (e.g., war, violence, abuse, neglect, attachment issues, exposure to or witnessing substance misuse, family isolation, poverty) on adult development and lifestyle. * Analyzing relationships between personality, lifestyle and health and discuss implications for own life.   You support your examination with relevant details and examples. | You are exploring and practicing examining interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.  You may be:   * Exploring the impacts of change as one transitions through different experiences (e.g., moving away from home, entering the work force, becoming a parent, retiring) in a lifespan. * Exploring the ideas of biological, cognitive, emotional and spiritual changes, challenges and benefits during the aging process. * Discussing some of the influences of childhood traumas (e.g., war, violence, abuse, neglect, attachment issues, exposure to or witnessing substance misuse, family isolation, poverty) on adult development and lifestyle. * Discussing some relationships between either personality, lifestyle and health and discuss implications for own life. | You are having trouble examining interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.  Consider:   * What is meant by biological, cognitive, emotional, and spiritual development? * How are each of the four dimensions of development related? * What are some relationships implications in your own life? |

Feedback: